**THE 4 PYRAMIDS AND 7 REALMS DIAGRAM KEY**

**-**this outline clarifies the **words and colors** on the drawn diagrams:

-the name/labelling of each realm

-color keys for each of **the 4 triangles th**at make up the 12-point star

-words and scripture keys for each of the **12 boxes**

-the design of the 12-point star should be able to distinguish each triangle

**The First “Trilateral” Realm of Spiritual Wellness- The Realm of The Trinity of God**

The Primary Realm of the 1st Realm (1st triangle- PURPLE)

* God the Father
* God the Son
* God the Holy Spirit

The Secondary Realm of the 1st Realm (2nd triangle-GREEN)

* The Word of God
* The Blood of Jesus
* The Power of The Holy Spirit *(The Light)*

The Tertiary Realm of the 1st Realm (3rd triangle- RED)

* “Let Us Make Man”
* “In Our Image”
* “According to Our Likeness”

The Quaternary Realm of the 1st Realm (4th triangle- BLUE)

* The Way
* The Truth
* The Life

**The Second “Trilateral” Realm of Spiritual Wellness -The Realm of Love, Peace and Joy- The Realm of “Fruit of The Spirit”**

The Primary Realm of the 2nd Realm (1st triangle- PURPLE)

* Love
* Peace
* Joy

The Secondary Realm of the 2nd Realm (2nd triangle-GREEN)

* Faithfulness/Faith
* Self-Control
* Long-suffering/Patience

The Tertiary Realm of the 2nd Realm (3rd triangle- RED)

* Gentleness/ Humility
* Goodness
* Kindness

The Quaternary Realm of the 2nd Realm (4th triangle- BLUE)

* Mercy
* Grace
* Hope

**The Third “Trilateral” Realm of Spiritual Wellness -The Realm of Ask, Seek and Knock**

The Primary Realm of the 3rd Realm (1st triangle- PURPLE)

* Ask- *Believe*
* Seek*- Obedience*
* Knock- *Receive*

The Secondary Realm of the 3rd Realm (2nd triangle-GREEN)

* Praise
* Thanksgiving/Giving (the tithe)
* Gratitude

The Tertiary Realm of the 3rd Realm (3rd triangle- RED)

* Prayer and Meditation
* Sacrifice (Surrender)
* Supplication (Subservient)

The Quaternary Realm of the 3rd Realm (4th triangle- BLUE)

* Trust
* Rest
* Wait

**The Fourth “Trilateral” Realm of Spiritual Wellness- The Realm of Mind, Body and Soul (MBS)**

The Primary Realm of the 4th Realm (1st triangle- PURPLE)

* Mind
* Body
* Soul

The Secondary Realm of the 4th Realm (2nd triangle-GREEN)

* The Promises of God
* The Blessings/ Beatitudes
* The Gifts of the Spirit

The Tertiary Realm of the 4th Realm (3rd triangle- RED)

* The Kingdom of God
* The Spirit of God
* The Kingdom of Heaven

The Quaternary Realm of the 4th Realm (4th triangle- BLUE)

* Pure Consciousness
* Pure Potentiality
* Attention/ Intention/Manifestation

**The Fifth “Trilateral” Realm of Spiritual Wellness- The Realm of Self-Condemnation, Fear and Worry**

The Primary Realm of the 5th Realm (1st triangle- PURPLE)

* Self-Condemnation (Self Hate)
* Fear
* Worry

The Secondary Realm of the 5th Realm (2nd triangle-GREEN)

* Perseverance
* Tribulation
* Character

The Tertiary Realm of the 5th Realm (3rd triangle- RED)

* The Enemy
* The Carnal Man
* The World

The Quaternary Realm of the 5th Realm (4th triangle- BLUE)

* Guilt/ Shame
* Sin / Temptation
* Judgement/ Mistrust

**The Sixth “Trilateral” Realm of Spiritual Wellness- The Realm of Unforgiveness (Hatred), Anger and Doubt**

The Primary Realm of the 6th Realm (1st triangle- PURPLE)

* Unforgiveness (Hate/ Hatred of Others)
* Anger
* Doubt

The Secondary Realm of the 6th Realm (2nd triangle-GREEN)

* “Principalities and Powers”
* “Spiritual Hosts of Wickedness”
* “Rulers of the Dark World”

The Tertiary Realm of the 6th Realm (3rd triangle- RED)

* The Helmet of Salvation
* The Breastplate of Righteousness
* The Shield of Faith

The Quaternary Realm of the 6th Realm (4th triangle- BLUE)

* The Sandals of Peace
* The Belt of Truth
* The Sword of The Spirit

**The Seventh “Trilateral” Realm of Spiritual Wellness- The Realm of Disease Manifestation- Internal Disease, External Disease and Mental and Psychological Disease**

The Primary Realm of the 7th Realm (1st triangle- PURPLE)

* Internal Disease *(The issue of blood)*
* External Disease *(Leprosy)*
* Mental and Psychological Disease *(Fits and Seizures/ “demon-possessed”)*

The Secondary Realm of the 7th Realm (2nd triangle-GREEN)

* Redemption-Restoration
* Resurrection-Rebirth
* Revelation-Awakening

The Tertiary Realm of the 7th Realm (3rd triangle- RED)

* Glorified
* Justified
* Predestined

The Quaternary Realm of the 7th Realm (4th triangle- BLUE)

* The Alpha and The Omega
* The First and The Last
* The Beginning and The End